



105th ESTONIAN OPEN SWIMMING CHAMPIONSHIPS INVITATION 2024

- TIME AND PLACE** 20th-22nd of December 2024. The competition will take place in Tartu, Aura Waterpark (Turu 10, 51004, Tartu), 50 m 8-lane swimming pool with an electronic competition management and automatic timing equipment (OMEGA).
- ORGANISERS** Estonian Swimming Federation (EUL) in cooperation with TUK.
General inquiries - EUL representative Ms. Katriin Kersa, katriin@swimming.ee.
Competition related inquiries - TUK representative Mr. Mihhail Strungar, mihhail@tukSPORT.ee
- ENTRIES** Preliminary entry form to be received by Estonian Swimming Federation by 20th of November 2024. Final entries with lenex file to be sent latest by 15th of December 2024 to voistlused@tukSPORT.ee. Withdrawals concerning the starting fees can be made till 09:30 on the 18th of December to the e-mail address voistlused@tukSPORT.ee. Start lists will be published 24h prior competition. Relay named entries should be handed in to the technical table 30 minutes before competition session. By submitting the entries, the represented organisation confirms all participants' eligibility of their health conditions and ability of all athletes to take part in competition, and takes full responsibility of their health insurance, accommodation, catering and travel or other expenses.
- PROGRAM** Competition is held with preliminaries and finals. A and B final for 50 m and 100 m events, A final for 200 m events, timed final for 400 m, 800 m ja 1500 events with the fastest heat swimming in the evening session. B* final is cancelled when there are less than 24 athletes swimming in the preliminaries. 800 freestyle for women and 1500 freestyle for men is awarded in all age groups (Juniors 2006-2007, Youth 2008 and younger), heats are composed according to entrytimes. Program starts with women's event .
- QUALIFICATION RULES** Anyone who have ever achieved Estonian Championships time standard and can prove it can take part in the competition. If time standard is achieved in 25m pool, the entry time will be NT. Foreign competitors can take part in all preliminary events, 2 foreigners are permitted to qualify to the finals, regardless of number of finals. Same rule applies for the timed finals events, up to 2 foreign swimmers can start in the fastest heat.
- STARTING FEE** 13€/start (including relays) shall be paid by 19th of December 2024 using bank transfer according to the invoice sent.
- ADDITIONAL INFORMATION**
- Competition will be conducted under WA rules.
 - Printed starting list at the competition venue costs 2€ .
 - Taking part in awards ceremony is mandatory.
 - Every athlete entered to the competition has to be ready for doping control.
 - Organiser is permitted to use photo and video material of the competition.



COMPETITION PROGRAM

Friday, 20.12.2024	Saturday, 21.12.2024	Sunday, 22.12.2024
Warm-up 08:30, starts 09:30	Warm-up 08:30, starts 09:30	Warm-up 08:30, starts 09:30
200 m backstroke	100 m freestyle	400 m individual medley**
50 m freestyle	50 m backstroke	200 m freestyle
100 m breaststroke	200 m breaststroke	100m backstroke
400 m freestyle**	200 m butterfly	50 m butterfly
100 m butterfly**	4x100 m medley relay	50 m breaststroke
200 m individual medley	W 800 m freestyle**	4x200 m freestyle relay
	M 1500 m freestyle**	

Warm-up 16:00, starts 17:00	Warm-up 16:00, starts 17:00	Warm-up 15:00, starts 16:00
200 m backstroke - A final	100 m freestyle - A and B final	400 m individual medley**
50 m freestyle - A and B final	4x100 m medley relay awards ceremony	4x200 m freestyle relay awards ceremony
50 m freestyle S1-14	50 m backstroke - A and B final	200 m freestyle - A final
200 m backstroke awards ceremony	50 m backstroke S1-14	400 m individual medley awards ceremony
100 m breaststroke - A and B final	100 m freestyle awards ceremony	100 m backstroke - A and B final
50 m freestyle awards ceremony	200 m breaststroke - A final	200 m freestyle awards ceremony
400 m freestyle**	50 m backstroke awards ceremony	50 m butterfly - A and B final
100 m breaststroke awards ceremony	200 m butterfly - A final	50 m butterfly S1-14
100 m butterfly A and B final	200 m breaststroke and 200 m butterfly awards ceremony	100 m backstroke awards ceremony
400 m freestyle awards ceremony	4x100 m freestyle relay	50 m breaststroke - A and B final
200 m individual medley - A final	4x100 m freestyle relay awards ceremony	10 min break, 50 m butterfly and 50 m breaststroke awards ceremony inc
10 min break, 100 m butterfly and 200 m individual medley awards ceremony incl.	W 800 m freestyle**	4x100 m MIX medley relay
4x100 m MIX freestyle relay	M 1500 m freestyle**	4x100 m MIX medley relay awards ceremony
4x100 m MIX freestyle relay awards ceremony	W 800 m freestyle and M 1500 m freestyle awards ceremony	

***Slower heats in the morning sessions, one fastest heat in the evening session.*

AWARDS

Only Estonians can compete for the title of Estonian Champion. Foreign athletes will be awarded with an additional medal according to the place achieved.



TIME STANDARDS

WOMEN

MEN

25m pool	50 m pool	Event	50 m pool	25 m pool
31,12	32,12	50 m freestyle	28,37	26,81
1.08,20	1.10,18	100 m freestyle	1.03,59	59,64
2.29,71	2.33,33	200 m freestyle	2.18,43	2.12,16
5.17,47	5.20,84	400 m freestyle	4.58,68	4.42,30
10.50,56 (O)	10.57,96 (O)	800/1500 m freestyle	19.42,15 (O)	18.46,39 (O)
11.12,26 (J)	11.04,71 (J)		20.07,86 (J)	19.34,38 (J)
11.27,90 (Y)	11.20,17 (Y)		20.35,96 (Y)	20.01,70 (Y)
35,04	37,41	50 m backstroke	32,87	30,15
1.16,11	1.19,66	100 m backstroke	1.11,55	1.05,59
2.44,93	2.51,05	200m backstroke	2.35,20	2.23,36
38,76	39,76	50 m breaststroke	35,22	33,18
1.24,63	1.27,03	100 m breaststroke	1.17,19	1.13,52
3.02,64	3.08,58	200m breaststroke	2.50,94	2.39,82
33,08	33,15	50 m butterfly	30,22	28,92
1.15,70	1.16,93	100 m butterfly	1.08,57	1.04,84
2.45,86	2.48,91	200 m butterfly	2.33,01	2.26,90
2.48,98	2.54,89	200 m individual medley	2.38,08	2.28,79
5.59,07	6.09,36	400 m individual medley	5.38,13	5.18,68

O - open, J - junior (2006-2007), Y - youth (2008 and younger)





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PRELIMINARY ENTRY FORM

Please send this form to estswim@swimming.ee no later than 20th of November 2024.

Federation / Club	
Address	
Contact person	
E-mail	

Expected number of participants	
Expected number of staff	

